BAR HILL NEWS

Brought to you by the Bar Hill Community Association
November 2024 Issue 662

Bar Hill School PTA presents

Fireworks

Please donate to fund this event and raise money for the school
https://www.justgiving.com/crowdfunding/barhillschoolptafireworks

BAR HILL COMMUNITY ASSOCIATION

Chair of Trustees	Andy Pellew
Vice Chair	Anthony Mitchell
Secretary	Jenni Foster-Smith
Treasurer/ BHN Advertising	Hilary Whipp
BHN Editor	Andy Pellew
Features Editors	Liz Dams, and Bridget Wilson
Trustees	
Bunty Waters	Jo Hall
Dave Wright	Dee Callaghan

If you'd like to contact the BHCA then you can either;

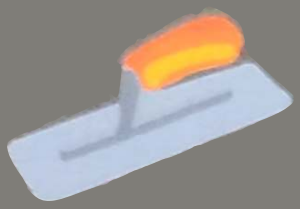
- Write to us at **Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**
- Email the Chair of Trustees at **chair-of-trustees@barhill-ca.org**, or
- Call/ message/ WhatsApp **07814 871752**.

We meet monthly on the second Tuesday at 7:30 pm in the Fox. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **bhn-editor@barhill-ca.org**



ABEETON PLASTERING

Bar Hill, Cambridge

07800 871738

andrew.beeton48@gmail.com

ABEETON PLASTERING

Yell.com 20 ★★★★★ REVIEWS

OVER 30 YEARS EXPERIENCE

Do you need a chiropodist?

201256

07494 196065

Michelle Dolan

Podiatrist/Chiropodist

HCPC Registration number CH34864

LETTERS, NOTICES & ANNOUNCEMENTS TO THE EDITOR

Please send your letters & notices to **bhn-editor@barhill-ca.org**. Thank you!

Bar Hill HAPPY HOURS Club

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along!.

Coming up:

1st Nov: Bingo and a Quiz and AGM
8th Nov: Club Birthday Party with Dave Cass (Guitarist/Vocalist)
15th Nov: Children in Need
22nd Nov: Christmas crafting
29th Nov: Bingo and a Quiz
If you give us a try your first week is free.

Anne Plumb | **01954 780364** | **anne@rwp10.plus.com**

Bar Hill Indoor Bowls Club

We meet in the school on Friday evenings during term time only from 7.30 pm to 10pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £2 per week but the 1st week is free.

So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or **barbara.page@live.co.uk**

Dear all,

I would like to thank everyone who sent cards and messages to me and my family, over the last few weeks, and all those who came to Ian's funeral on 9th of October.

Wendy Arrowsmith

Dear Residents and Local Businesses,

Once again, the BHCA (along with the Community Market) are organising this year's Christmas Tree and Lights for our village which takes place on Saturday 7th December. There will be music and singing and hopefully gifts for all the children, (which will be handed out by a visit from Santa, who this year we understand will be accompanied by Mrs. Claus).

We have already had promises of donations from local businesses, but we could always make the event even more special, if you are able to contribute even in a small way. We are selling our home-made stars (we have already had orders for quite a number of these) for you to hang on your own Christmas tree, as well as Road Signs that are personalised. So get in touch for an order form, and help make this the BIGGEST Christmas event ever.

Of course, we really hope you can come along and support the village at the event itself, all are welcome.

Barry Dean

barryd@barhill-ca.org | **07890 000 134**

The deadline for submissions is the second Thursday of the Month. Please send your article to **bhn-editor@barhillca.org** (PDF, Word, Pages, etc)

November 2024 Timetable

Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)
The Hub is for people of all ages as a place to gather & enjoy community!

4 November	Coffee Stop, Foodbank, Meet a Parish Councillor 5AsideChess	Health & Wellbeing 10:15 -10:45
11 November		Carers Café 10-11:30 featuring A First Aid Trainer
18 November		Health & Wellbeing 10:15 -10:45
25 November		Evergreens

WHEN: Every Monday 10am – 12pm

WHERE: The Octagon (opposite Maple Surgery), Bar Hill, CB23 8EH

WHAT: Our vision is to create a fairer and friendlier community, so everyone can thrive and knows where to turn to for warmth, welcome, friendship and support. The Hub is a busy gathering space, providing a warm, comfortable, welcoming space for our entire community. Come along and join us, we look forward to seeing you!

Coffee Stop: Pop in for a coffee, a piece of delicious home-made cake and a chat with friends, old and new!

Food bank: No need for any vouchers. If you are struggling financially, drop by and let us help you, available between 10am and 11.30am

Citizens Advice: NOTICE: for health reasons of our advisor, the village Citizens Advice service will cease with immediate effect. To book an appointment for face to face, email or telephone advice with our Cambridge office please use the following contact info: E: https://www.cambridgecab.org.uk/get-advice/email-us/, P: 0808 278 7808

Evergreens: a safe space for those with memory loss to enjoy: Conversation, Connection, Celebration. Accompanied by a carer, friend or family member. When: 4th Monday of each month. NOTE: Initially clients/carers are being identified and invited in partnership with the village Social Prescribing team.

Health & Wellbeing: On the 1st & 3rd Monday, take advantage of some exercise guidance from our experienced coach and visiting speakers (starting at 10.15am)

Carers Café: On the 2nd Monday of the month, providing support for any carers in the village, even if you are not a patient of Maple Surgery

Meet a Parish Councillor: you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm within the Coffee Stop. Just look for the sign within the Coffee Stop.

5AsideChess (within the Coffee Stop): A great way to connect and start a conversation with people happy to teach you this wonderful game. Come along and join us for refreshments and a chat!

MAPLE SURGERY - November Update

maplesurgery.enquiries@nhs.net | 01954 780442

Salaried GPs starting soon

We are pleased to announce that we have 2 permanent GPs starting in January 2025.

Flu vaccinations

Flu clinics will continue to run at the Practice again this year for all eligible patients. For children and pregnant women, we will have clinics taking place from the middle of September (dates TBC). For those aged over 65 years and those aged between 18 and 65 in an at-risk group, we have clinics starting on 3rd October. We will be sending self-booking links to those eligible.

Ear Irrigation

We are now offering ear irrigation appointments to patients. These are not available until an assessment has been completed by a Nurse, and only happen on the afternoon of the last Thursday of each month. You will also be advised to put some oil into your ear(s) to loosen the wax.

Pneumococcal vaccinations

The Practice is still offering Pneumococcal vaccinations for those aged over 65 years.

Shingles vaccinations

The Practice is still offering Shingles vaccinations for those turning 65, those aged 70 - 79 and also those aged over 50 with weakened immune system.

Public Meeting 12th September

A public meeting was organised by the Practice Patient Participation Group (PPG) on 12th September this year. Senior members of Cambridge and Peterborough Integrated Care System presented. The meeting was well attended by patients, many of whom voiced their support for how CGPN have stabilised the Practice since their arrival in 2023.

We would like to thank everybody for attending and their ongoing support.

Repeat prescription ordering

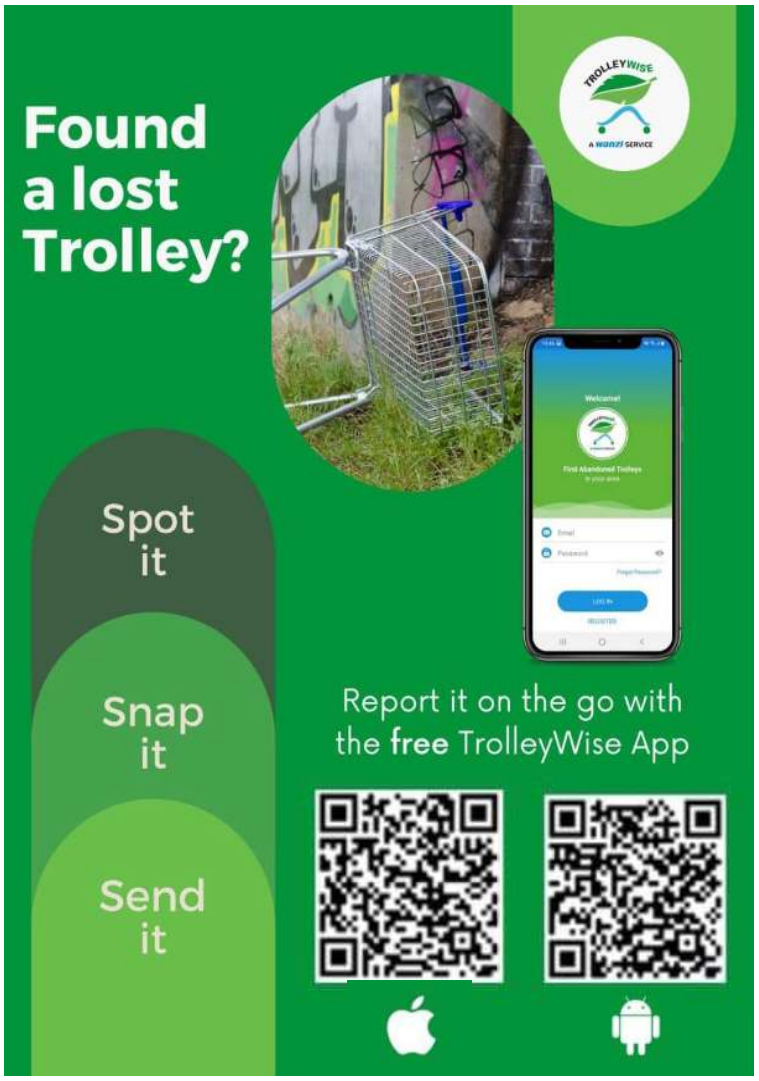
Repeat medication ordering for Maple Surgery patients is changing a little from 1st January 2025. There is a message that you should receive if you are currently using the email facility advising of this change.

Flu clinic Saturday 5th October

We would like to express our sincere thanks for everybody who helped us. Due to the incredible levels of patient attendance, we are now very unlikely to undertake another Saturday clinic. However, if you are still waiting to have a flu vaccine, please either call or drop into the surgery where we will gladly make you an appointment.

Practice closure for training

The practice will be closed from 1.00pm for training on 20th November 2024. We will reopen the following day at 8.00am.



BAR HILL DISTRICT COUNCILLOR'S REPORT

Cllr Bunty Waters - **bunty.waters@ntlworld.com**
01954 201421/ 07734 690580

Save the Winter Fuel Payment for Struggling Pensioners' petition being run by AGE UK, please sign the petition

https://campaigns.ageuk.org.uk/page/154268/petition/2

Emergency planning and resilience

Severe weather that leads to flash flooding is becoming a part of the changing UK weather pattern and it is important for people to be as prepared as they can be. Flooding can be a serious problem in Cambridgeshire. Acting early is a great thing to do to get prepared. If there is an imminent risk to life, aways contact emergency services on 999 (or 112).

Anglian Water: **https://www.anglianwater.co.uk/your-local-area/report-an-issue/**

Cambridge Water: **https://www.cambridge-water.co.uk/about-us**

What should I do when flooding is imminent?

Act early. Floodwater rises rapidly if there is a flood warning. Don't hope for the best!

- Move your car to higher ground
- Listen to local radio/TV for updates
- Pack essential items you will need
- Turn off the mains power and water, and put sandbags in toilet bowls to prevent sewage spilling out
- Shut windows and lock doors
- Empty freezers and refrigerators if you can, leaving doors open
- Move people, pets and valuables to a safer place (for example, upstairs)
- Leave the area if instructed to do so by the emergency services
- Do not attempt to drive through flooded roads, the water may be deeper than you think.

Pilot Employment Hubs

Officers in the Communities Team are delivering a project, on behalf of and funded by Public Health, to establish Pilot Employment Hubs in City and South Cambs.

Some people find themselves in long-term unemployment for a multitude of reasons. This may be to do with skills, confidence, health, local geography, the needs of dependants or many other factors. So effective career support should consider the whole person and pathways to sustainable work. The aim of the Employment Hubs pilot is to address this in a more compassionate and person-centred approach.

The hubs will deliver integrated holistic support to people with long term health conditions, disabilities and often complex lives, to move towards, gain and retain employment. It is an action arising from the Cambridgeshire & Peterborough ICS Health & Care Strategy, to address poverty through housing, employment and skills.

If you would like further information, please email **liz.davy@scambs.gov.uk** or **Lesley.mcfarlane@scambs.gov.uk**

NOEL HART

GLASS & GLAZING

YOUR LOCAL GLASS AND GLAZING SERVICE

Misted sealed units replaced;
Broken hinges and handles repaired;
Doors and Windows adjusted
Mirrors supplied and fitted
Cat flaps fitted;

Fast & friendly service and
Free no-obligation quotation.
No job too small

Mobile: 07966 052240
Email: puttyhead3@hotmail.com

8 o'clock club

The club is a women's group and we meet in the school on the 1st Thursday of the month at 7.30pm. Our fee is £15 per year and £1 each meeting for a hot drink and raffle.

Our Speaker on Thursday 7 November is from The Cambridgeshire Badger trust who will explain about the work of the trust and about the lives of badgers who live underground in a network of tunnels and chambers called 'setts'.

We welcome new members to the club. If you would like to join please come along to one of our meetings or phone Barbara **204171** (**07847 327709**) Adela **204265** or Ann **204687**

Help! We're missing something …

Maybe it's an article by a group you support? A bit of local news? Or even details of an event? Let us know! Deadline for December issue is **14th November**.

RADIO MARIA ENGLAND

A Christian Voice By Your Side

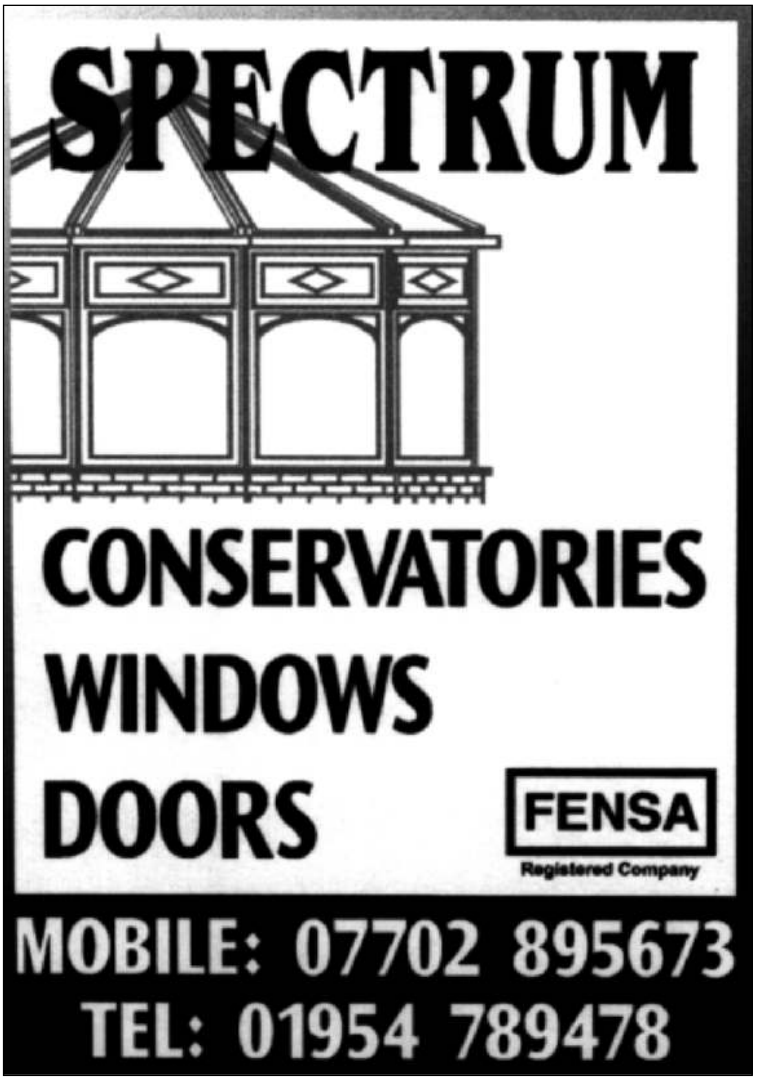
Online · Digital Radio · Smart Devices

Free App · Podcasts · Spotify

SCAN ME

'The Lord your God is with you wherever you go.' - Joshua 1:9

www.RadioMariaEngland.uk



Thinking of moving house?

Not sure whether you want to

SELL or LET

your property?

Call 01223 657 818

THE GOOD ESTATE AGENT

We'll show you some options, including how we can **Sell** your house for the optimum price or take advantage of our low cost **Letting** and **Management** service.

A PERSONAL SERVICE... NOW THAT IS GOOD!!

Get in touch elica@thegood.co.uk **www.TheGoodEstateAgent.co.uk**

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

5-10 year guarantees

Competitive Rates

* Insurance work
* Guttering * Facia Boards
* Garages & Extensions
* Re-roofing & repairs

Prompt Reliable Service

☎ 01487 841008 Mobile 07860 680550

37 Greenfields, Earith

Steve Jolley

Plastering & Tiling

33 Field View
Bar Hill
Cambridge
CB23 8SX

Home 01954 780445
Mobile 07727 203626

Olive Tree Bereavement Group

Our next meeting is on Saturday 9th November, and the following one will be on 14th December. Meetings are held in the Octagon at 10.30 am and refreshments are provided.

We will be pleased to see you if you are a regular member, a new member or if you have never been before.

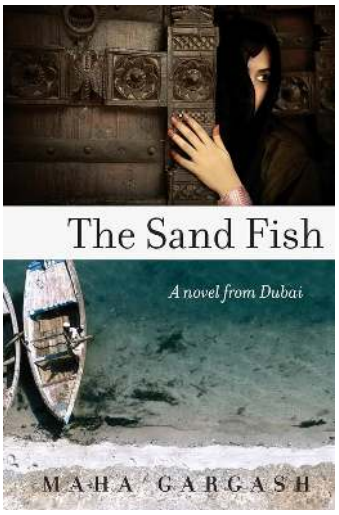
Autumn is now upon us, the clocks will soon be going back and people's thoughts are turning to Christmas. This can be a challenging time for many, and if you are in this position you are very welcome to come along and meet others who may be similarly affected.

We are a very welcoming group where you can talk freely and where your confidence will be respected. There will be time to share your experiences, join in discussions and get to know others in the group.

If you are not sure if the group is right for you, please phone one of us to discuss it. We welcome all newcomers but would ask that you come at 10am so that we can explain the format.

The leaders, who are CRUSE trained, and the other members of the group will offer a warm welcome, and you will meet other people who have been through loss and who understand the pain and difficulties that this brings.

For more details, telephone Sue Kenchington at **780260**, Chris Stannard at **781978**, or Maggie Cox at **488657**.

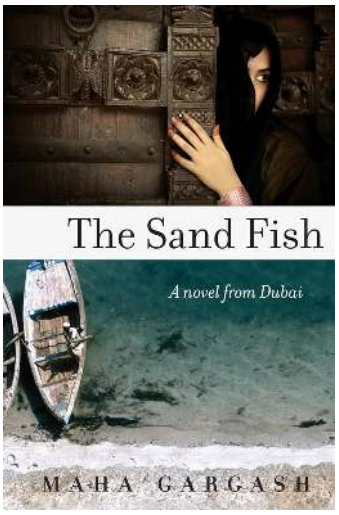


Bar Hill Ladies Book Club

Our next book club meeting is:

Tuesday, November 12th, at 7.30 pm in BHS&SC. The book is "The Sandfish" by Maha Gargash.

For details of future events please email **sheilafarrar@hotmail.co.uk** or call/text **07920 558319**



Bar Hill Motors

20, Viking Way (next to Tescos)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Bar Hill Church news

Services

Sun 3 Nov, 10:00am - Holy Communion. Separate activities for children (of all ages), returning to the main service in time for communion.

Sun 3 Nov, 6:00pm NEW - Informal Worship. Our monthly evening service returns, keeping the same format it followed several years ago. Refreshments served at 6pm followed by a simple church service with a chance for discussion and sharing thoughts with others. It should finish around 7:30pm.

Sun 10 Nov, 10:00am - Remembrance Sunday

Thu 14 Nov, 10:00am - Midweek Communion

Sun 17 Nov, 10:00am - Holy Communion. Separate activities for tots, children and teens.

Sun 24 Nov, 10:00am - Holy Communion. Separate activities for children (of all ages) who will return to the church for communion.

Sunday morning services can also be attended via **Zoom**: meeting id 882 9761 3899, password: 284740. We also hold a short (about 20 minutes) Morning Worship service by Zoom at 8:15am every day Monday to Friday, using the same meeting id.

Contacts

Church Office: Ian Farr, 01954 206120, church.office@barhillchurch.org.uk
Working hours usually include Monday, Tuesday and Wednesday mornings. A number of external activities take place in the church buildings throughout the week. Enquiries about hiring space for an event should be directed to Ian.
Minister: Revd Wendy Wale, 07780 828865, minister@barhillchurch.org.uk
Working days are Monday, Tuesday, Thursday and Sunday.

Website: https://barhillchurch.org.uk
Facebook: https://facebook.com/barhillchurch

Jim Edwards

Gas appliances, Plumbing and Heating

Gas boiler service from £64

New boiler installations

Carbon monoxide alarms fitted.

New radiators fitted.

Heating systems upgraded.

Landlord certificates & gas safety checks.

All plumbing work undertaken, local friendly service. Fully insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk

M & M

Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works

01223 691599

07766 281962/07832 261791

info@mandmheating.co.uk

www.mandmheating.co.uk

10 SOUTH ROAD, IMPINGTON, CAMBS, CB24

Cambridge Solar Ltd

Local, Friendly, & Professional since 2009

Contact us today for a quote.
01223 863 885
cambridge-solar.co.uk

Since 2009, Cambridge Solar Ltd has installed nearly 400 solar energy systems at homes and business around Cambridgeshire, including the Bar Hill Village Hall in 2014. We are committed to serving our community through honest, high-quality workmanship engineered to each client's goals.

Winner: 2018 British Renewable Energy Installer of the Year, from the REA
Winner: 2018 Solar PV Installer of the Year, East of England Energy Efficiency Awards

cambridge-solar

AIRPORT CARS CAMBRIDGE

- **Long distance journeys and airport transfers**
- **Non smoking, air conditioned executive cars**
- **Prompt, reliable and courteous door to door service**
- **5 to 8 seater MPV for family holidays**
- **Cruise terminals & Eurostar**

For the most competitive quote

Mick 07442 497 601 enquiriesairportcars@gmail.com

Our dedicated, friendly team offer a comprehensive range of electrical services from domestic repairs, installs and rewires to Commercial installations, maintenance and upgrades.

Our services include, but are not limited to:

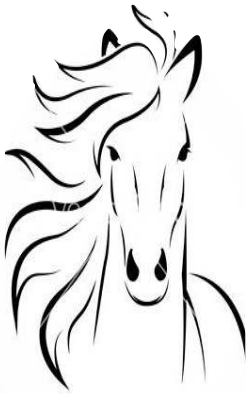
- Solar PV & Battery Installers
- Specialists in wiring Heating Systems and fault finding
- Domestic and Commercial Work
- CCTV
- New Installations
- Periodic Inspections / EICR
- Re-wiring
- Fire Alarm Servicing and Installation
- Electric Car Chargers – OLEV approved installer
- Emergency Lighting, Data and Network
- 24/7 Emergency Call out
- Fault finding and repairs
- Portable Appliance Testing

Please call for honest advice and free quotes from trusted, experienced electricians.

Tel: 01954 261501 | **Mob:** 07833 133990
lc.electrical@btinternet.com | **www.lcelectricalltd.co.uk**

CHAS Accredited Contractor CHAS.co.uk | OLEV approved installer | HIES Consumer Code | Which? Trusted Trader | APPROVED CONTRACTOR MCS CERTIFIED | NICEIC

THE BLACK HORSE



WALKERS AND DOGS WELCOME!

FREE HOUSE

Relaxed dining & drinking

Home-cooked food

Coffee, tea & cakes

Special events catering available

See our website for hours and upcoming events

www.blackhorsedrydrayton.com
01954 488150

Bar Hill's Newspaper Delivery Service

ANY newspaper or magazine, ANY day of the week delivered to your door by 7.30am.

£1.50 – Saturday + Sunday
£2.00 – Monday to Friday
£2.50 – Monday to Sunday
(Plus the price of your selected paper or magazine)

Set up in 2011 we deliver to households and businesses in Bar Hill, Offering you a simple, reliable service for a great price.

Tel: 07832122534 - info@yourlocalpaperboy.co.uk

MOTUS PHYSIOTHERAPY

SIMPLE AND EFFECTIVE

Chartered Physiotherapists | In Girton | Ample Free Parking | Home visits | Accept Private Medical Insurance and Self Funders

01223 949405

W: **www.motusphysiotherapy.co.uk**
E: **info@motusphysiotherapy.co.uk**

Prime Time Fitness, Oakington Road, Girton, CB3 0QH

BAR HILL COUNTY COUNCILLOR'S REPORT

Cllr Edna Murphy - **Edna.Murphy@cambridgeshire.gov.uk**
01223 577005

Cambridgeshire County Council

Bar Hill Survey

We want to know your thoughts and concerns and so have put together a survey to capture the key issues as you see them. It will be delivered and I will be knocking on doors to hear from residents as well. If you want to complete it online you can access a version here: **sclibdems.org.uk/surveys/bar-hill** Do skip any questions you don't want to answer and just focus on the main points. Thank you in advance and we look forward to hearing your views.

Road and footpath repairs needed

There are many roads, cycle paths and footpaths in Cambridgeshire which need improvements and repairs. Generally road maintenance funds have come from central government, and long term underfunding has had a terrible and cumulative effect. This is a national problem, but in Cambridgeshire we also lose out from getting less funding than we should because the Government assumes we have a lower population than we do – this growth penalty affects all public services in Cambridgeshire.

The County's Joint Administration has raised additional funding for highways maintenance, nearly doubling the amount that can be invested in local road, cyclepath, and footpath maintenance for the next couple of years. It will make a difference, but it can't fix everything and we are to some extent playing 'catch up'. It has been difficult securing the additional funding given how stretched county finances are. And there continues to be much to sort out with the engineering service contract we have inherited, but the goal remains to make improvements here that support all road users and residents.

I have been pressing for action on Bar Hill's spine paths – for patching in the short term to make them safe and then for them to be properly resurfaced, which will probably happen next summer, when the weather is better and such projects are easier to do. There has also been a repair to a 'trench', ie a depression in the road in Crafts Way, which only affects drivers marginally but has a much bigger effect on people living nearby.

More opportunities to walk, wheel and cycle?

The County's survey on active travel for Bar Hill and Dry Drayton will soon be live on the page: Consult Cambridgeshire: https://consultcambs.uk.engagementhq.com/ There will also be paper copies available and more communications about how to fill it out.

Better luck next time!

The County Council has funds for Parish Councils for smaller scale projects which improve safety by reducing speed or making conditions safer for pedestrians and cyclists. Bar Hill Parish Council applied for funding for MVAS (mobile vehicle activated signs) under this scheme. MVAS are effective in helping reduce speeding traffic and would have been incredibly useful in Bar Hill. Unfortunately despite having a good case they narrowly missed out on the funding.

Rothwell's
Carpet Cleaning

Carpet Cleaning

& Stone Floors, Upholstery, Rugs

A few points that make us stand out,

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more cleaning & drying power for excellent results.
Members of both the NCCA and TACCA.
We will move the furniture.
100% satisfaction or it's FREE.

NCCA NATIONAL CARPET CLEANERS ASSOCIATION
CLEANING THE NATION'S CARPETS AND UPHOLSTERY
M2391

Call Oliver and Max Campbell for expert help today.

01223 832 928 www.Rothwells.biz

Cambs
Property
Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: The Cabin.
123 Appletrees. Bar Hill. Cambs.
CB23 8SP

Bar Hill Sports & Social Club

We are a family friendly members' club in the heart of the village. Join us for a great meal, all the latest sporting events or just a drink with friends and family. Monthly special offers and even free draws for members to win meals out.

OPENING HOURS:
Mon & Tues - 5-10.30 pm, Wed - 5-11pm. Food 5-9 pm with 25% off, Thurs - 5-11 pm, Fri - 2 pm-midnight. Food 4-10 pm, Sat 12pm-midnight. Food 4-10 pm, and Sun - 12 pm-10.30 pm. Children under 12yrs welcome till 9 pm except Saturday where they can stay all night.

For all info see our website, follow us on Facebook and instagram, or drop us an email at the details below.

NOVEMBER SATURDAY EVENTS:
Ziggy 2nd Nov- Singer - Ziggy - Tribute to reggae and ska, 9th Nov- Cocktail night - get your ticket from the bar, 16th Nov- Singer - Simon Day as seen at the fete this year, and 30th Nov- Live Band - The Spree

Bar Hill Memorial Garden

The Seasons are changing to Autumn, when we will see the lovely colours of the Autumn trees, before they drop their leaves.

At long last everyone can see what wonderful work and changes to the Memorial Garden, are taking place. As we submit this article, we are awaiting the final refixing of the Memorial Plaques. My grateful thanks go to the whole team who help maintain and have worked so hard in the garden.

The refurbishment costs of £5000.00p plus have been met by donations / grants from individuals, The Parish Council , The Community Association, South Cambridgeshire Community Chest, The Co-Op. for which we are extremely grateful.

If you would like to donate towards the upkeep of the Memorial Garden, cheques / cash may be left at 7 Acorn Avenue made payable to Bar Hill Memorial Garden or alternatively paid directly into Bar Hill Memorial Account at the Cambridge Building Society Account Number 1768402740 Sort Code 20-17-55 If you wish to talk to someone re a donation then please phone Chris on the numbers below. Thank you once again to all those who have given financial support for this work.

Should you wish to place a Memorial Plaque then contact Chris Stannard **01954 781978**, Mobile **07711 623425**, **c.e.stannard1@gmail.com**

Hedgehog Fact: Hedgehogs can travel up to 2 miles in a single night foraging for food! They have strong legs and can roam far in search of their food.

BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH
01954 780456 - clerk@barhill-pc.gov.uk
Chairperson: **bunty.waters@barhill-pc.gov.uk**

The Parish Council Office is open between 9:00am and 5:00pm Monday to Friday.

Autumn/Winter Tree Works:

We are back to doing various tree works around the village so you will see various contractors out and about over the coming months.

Clothes in play areas

Reminder to please remember to take home any clothing from the play areas, as there have been quite a few items left behind recently.

Unwanted items around the Village

Please do not leave unwanted items i.e. shoes, clothes, scooters around the village there has been several complaints made. Please dispose of unwanted items in the appropriate way. Tesco have various large bins situated in the car park.

Tesco Trolleys

Please report any trolleys left around the Village to TrolleyWise via their online form (see page 5).

Meetings

6 November Environment & Amenities

21 November 2024 Full Council Meeting

Meetings are posted on the noticeboard outside the Parish Council Office and all members of the Public are welcome to attend.

www.barhill-pc.gov.uk

A. Denton
Painting & Decorating
High Quality
Industrial
Commercial
Domestic
102, Stonefield
Bar Hill
Cambridge
CB3 8TB
01954
782472

FLOOR
COVERINGS

Cambridgeshire's largest flooring showroom est. 1996

FREE no obligation quotes

01223 233233
www.floor-coverings.net

Unit 31-32 Dry Drayton Industries, Scotland Road,
Dry Drayton, Cambridge CB23 8AT
Open: Mon - Sat 9-5

THE ROYAL BRITISH LEGION

The Royal British Legion meetings are open to anyone who would like to become a member. You do not have to have served in the Forces to join. We are there to support all ex -service personnel.

If you would like to visit and see what we do at a meeting, please feel free to either come along or contact Wendy Arrowsmith on **01954 781381** or Malcolm Cox on **01954 488657**.

This year's Poppy Appeal will be in Tesco from 25th October to 9th November, if anyone would like to help, please contact Maggie Cox on 01954 488657. The Remembrance service will be on Sunday 10th November at 10am.

OWN YOUR OWN ORIGINAL ARTWORK

Local artist will create a work of art from your image (still life, landscape or figure). Prices from £200 per picture.

Fill in the form on the website or give Paul a call (or WhatsApp) on m:07831 192937 or email him on paul.samuel@paintingfrompix.com

Helping hedgehogs in November

In November, hedgehogs begin preparing for hibernation, so here are some simple ways to help them in your garden:

- **Provide shelter:** Create hedgehog homes or leave piles of logs, leaves, and twigs for them to nest in.
- **Leave out food:** Hedgehogs need to fatten up for winter. Offer wet cat food, dry kitten food, or specialised hedgehog food, but avoid milk and bread. Hedgehogs are lactose intolerant.
- **Ensure water access:** Place shallow bowls of water in your garden for them to drink.
- **Check bonfires and leaf piles:** Before lighting bonfires or disturbing piles, check for hedgehogs hiding inside.
- **Keep areas connected:** Make small holes in fences (around 13cm) to allow hedgehogs to move between gardens easily.

For help and advice please contact: Liz Dams **07912 988898**, or Shepreth Hedgehog Hospital **07947 361187**.

Private Carer

Are you looking for :

- Befriender
- Medication preparation
- Prescriptions/ shopping collections
- Appointments / trips out
- Meal preparation
- Help around the house
- Light cleaning
- Respite
- Morning/bedtime calls
- Personal care

About me:

Bar Hill resident for 10+ yrs. I have worked in care for the last 20 years as I find it very rewarding. I treat all my clients as individuals and believe compassion and communication is the key to a great working relationship.

Phone: Laura **07540844186**
Email: **laurayardy@hotmail.com**
CV and references available upon request.

Friendly Bar Hill based roofer
20+ years experience
Small repairs to complete re-roofs

TCW ROOFING

roofingtcw@gmail.com
07885470122

WILLINGHAM JAZZ CLUB

WILLINGHAM SOCIAL CLUB. FEN END. CB24 SLH

1st SUNDAY IN THE MONTH

12:30 pm- 3:30 pm

DOORS OPEN 12 NOON

Nov 3:The Cambridge Jazz Co
Dec 1:Tailgate Ramblers Christmas
Jan 5:NO SESSION
Feb 2:The Dynamics
Mar 2:The Jake Leg Jug Band
Apr 6:Dave Rance's Rocking Chair J B
May 4:The Riverside Jazz Band
Jun 1st: The Gambit Jazzme

Admission £10.00

Fully Licensed Bar. Large Dance Floor. Tea/ Coffee & Fresh Rolls Available.

For further information call Rosie-Val on **01954 789670**

ENTIRE GROUP

gas safe 300007

Water Safe

The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance

Tel: 01954 204044 • Web: www.entiregroup.co.uk
Email: service@entiregroup.co.uk

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

On investments, regular savings, pensions, life cover, inheritance tax planning, etc

Contact: **Nigel Bolitho of BV Services**

185 High Street, Cottenham. Cambridge. CB24 8RX.

Tel **01954 251 521**

Email: **ncfb007@gmail.com**

Authorised and regulated by the Financial Conduct Authority

Topfield Farm

16 Cambridge Rd,
Barton,
Cambridge, CB23 7AR

MAGGIE'S Farm Shop
Nordic lifestyle & gifts

www.maggiesfarmshop.com
@maggiesfarmshop
info@maggiesfarmshop.com
+44 (0) 1223 263169

Lance Rayner
Sectional Buildings

- garages - workshops - sheds
- garden rooms - greenhouses
- concrete, steel or wooden

+44 (0) 7702 669026
+44 (0) 1223 262888

BAR HILL TENNIS CLUB

In my earlier Bar Hill News articles I highlighted the declining numbers of people joining the Club and the danger of the Club ceasing to exist. However we continue to explore ways to support the future of the Club including the possibility of using and adapting the courts to include the playing of pickleball. Two of our members have been promoting pickleball during the summer and the regular sessions have been well attended.

Is a joint tennis / pickleball Club with resurfaced and relined courts the way forward? We invite you to an open meeting at the Social Club 19.30 on Wednesday 6th November to discuss the future of the Club. All members and anyone interested in tennis or pickleball are invited. Please come along!!

Have you remembered to take advantage of our significantly reduced winter memberships? Winter membership allows you to play at any time from 1 September through to 31.3.25: Adult: £25, Junior: £5, or Family: £45. (Floodlights use per session £5 - booked via website)

For full details of our very competitive membership fees please visit our web site www.barhilltennisclub.co.uk, email, call us (details below) or pop down to the courts during Club nights.

It might be autumn but subject to weather you may well still see members playing on our Tuesday or Thursday Club nights (18.30 – 21.00). Why not try tennis to warm you up on those colder but dry autumn nights!

We welcome players of all abilities.

Paul Chubbuck (Secretary)

07983 435104

info@barhilltennisclub.co.uk

Helping Wildlife in Your Garden in November

In November, wildlife prepares for the colder months, and there are several things you can do to help them thrive in your garden:

- **Create shelter:** Leave piles of leaves, twigs, and logs to provide homes for hedgehogs, insects, and amphibians. You can also install bird boxes and insect hotels.
- **Provide food:** Many animals struggle to find food in late autumn. Leave out bird feeders with seeds, nuts, and fat balls for birds. You can also leave water for animals to drink and shallow dishes for hedgehogs.
- **Leave fallen leaves:** Instead of clearing all the fallen leaves, let them remain in flower beds or in corners. This helps create habitats for small creatures and helps the soil.
- **Avoid cutting back plants:** Leaving plants with seed heads and tall grass provides food and shelter for birds and insects during the winter.
- **Make ponds safe:** If you have a pond, keep it clean and add ramps for small animals that might fall in, helping them escape.
- **Install a wildlife-friendly compost bin:** A compost heap provides warmth and shelter for small creatures like frogs and toads.

By making these small adjustments, you'll offer crucial support to garden wildlife during the colder months.

City & Guilds Qualified

APPLETREES
PLUMBING & HEATING

Gas Safe Register Number 564278

All types of domestic plumbing, heating, renewable energy and gas work undertaken including:

Boiler Installation and Servicing
Radiator Installation and Moving

Heating System Updating and Installation
Heating System Cleaning and Power Flushing
Inspection and Certification
Renewable Energy Specialists

Bathroom Installation
Appliance Installation

Tap repairs
Toilet repairs
Install & repair water storage tanks
Underfloor heating

City and Guilds Qualified and Gas Safe Registered

Local Plumbing and Heating Engineer

Office Number – 01353 741236 Email – info@appletrees .plumbing

KH Flooring Services

Suppliers & installers
Domestic & Contract

Carpets, Vinyls, Karndean

Safety Flooring, Full Prep, etc

Samples Brought to You
Free Quotations
Tel 07801542378 / 07546384500

Email flooringquotes@aol.com

VIEWFARM BUNGALOW Park Lane Dry Drayton CB23 8DB

Ash Croft Veterinary Surgery

Consultations by Appointment Only

In an emergency please telephone ahead

HARDWICK
169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

PAPWORTH
Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

www.ashcroftvet.co.uk

Out of Hours Tel: 0845 500 4247

Crafts Shed - November 2024

CraftsShed members continue to meet in the Octagon Meetings Room, on Thursday Mornings from 0930 to 1230. Whilst extremely grateful to the Leadership of Bar Hill Church for letting us do this we still require new accommodation. A new storage shed has been erected behind the Octagon. This has been funded by a "Community Chest Grant" from South Cambridgeshire District Council for which we are extremely grateful.

CraftsShed is a Registered Charity supporting our local Community. Many various benches have had a makeover in our village in the Children's Playground, Tennis Courts, Allotment Society and also near to the Scout Hut. Other items repaired / upgraded are a Rocking Chair, Garden BBQ Trolley. Please visit our Website @ **https://craftsshedbh.wixsite.com/barhill**

Individuals will continue to help make items, and as a group we will undertake small projects for our Community.

On a Thursday Morning there will be a display outside of the Octagon weather permitting.

We don't only meet for coffee / tea but also arrange a trip out to places of interest. As you read this article we will have visited the Fitzwilliam Museum looking at wooden tools in Egyptian times. Other Cambridge Museums have been visited including the Cambridge Museum for Technology. This was a most interesting visit. Other visits will also be arranged.

If you would like further information please call Chris Stannard **07711 623425** or Nick Gunton on **07484 2555214**

CAMBRIDGE THAI BOXING ACADEMY C.T.B.A

ADULTS - KIDS - LADIES ONLY

YOUR FIRST CLASS IS FREE

Learn the exciting Art of Muay Thai KickBoxing

with Former British & Commonwealth Champion - JUNIOR HERBERT

CALL JUNIOR : 07900 553963

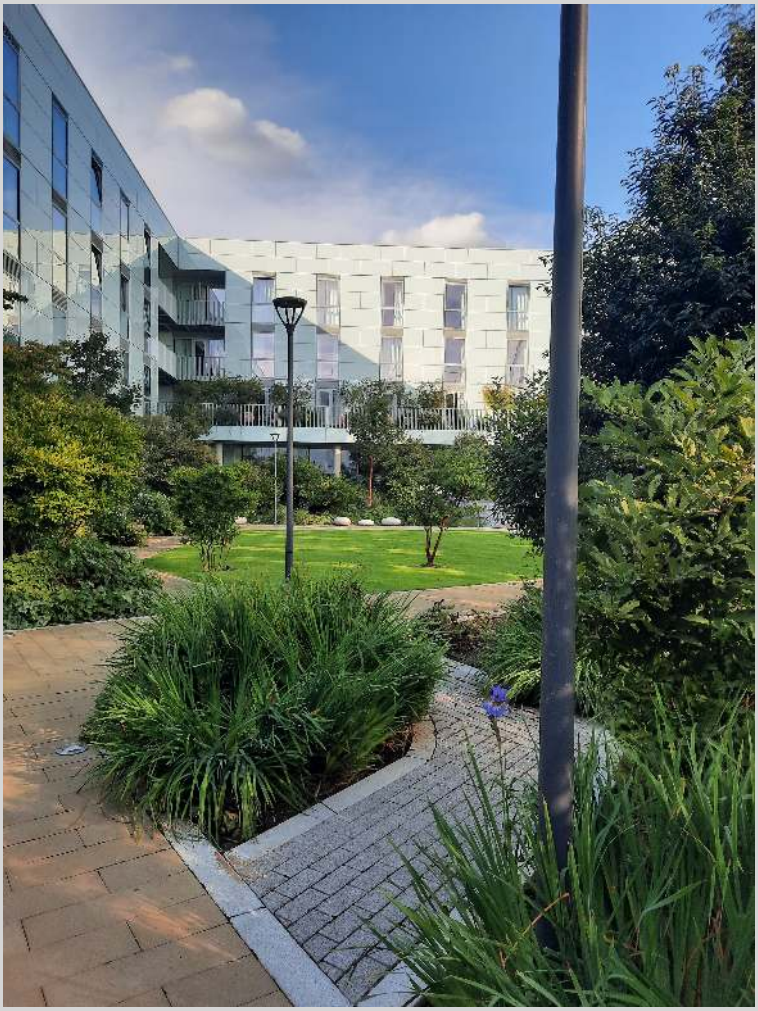
Email: junior@jhfitnessacademy.co.uk

FOR SALE: **MOTORCYCLE BITS** Oxford Hot Hands Over Grip Hand Warmers **£25 Unused,** 2 Chrome Highway Pegs **£10,** Chrome handlebar clock **£3,** Harley Davidson Oil Filter Remover **£5,** 2 Chrome Auxiliary light brackets + Spare **£10,** 35L SW Motech 350 Roll Bag Waterproof with straps **£25. BAR STALLS: 2** x Cream Leather Gas operated Only 3 months old **£50 ono**. **DVD & CDs:** Approx 100 DVD plus CDs **£10**. **ROLLER BLIND:** Black & White 122CM Wide Unused £5. **BLACK CURTAIN POLE:** 172cm extending to 320cm inc brackets & Tie Backs & pair of full length black curtains **£5. RUCKSACK:** Mountain Warehouse H2O with rain cover **£15 Used once. FRANKLIN MINT MONOPOLY GAME:** Pedestal table, Glass top. 3 pull out shelves, Bankers drawer with all money. Gold plated hotels, Silver Houses. Pewter moving parts. Collector's item **£175 ono**. Call Tony on **01954 789848**

Our adventures with Lionel and Margery

Since retiring, my husband and I have discovered the joy of riding our e-bikes, my Ezgo - Lionel and his Dawes - Margery. Add in the plethora of cycleways and the warm, calm and sunny conditions one Saturday in September, you have the beginnings of a wonderful afternoon outing.

One of our favourite rides is to head out towards Dry Drayton and, with the assistance of the motor and some hard pedalling, the steep hill up past the drift is a breeze. Passing St Peter and St Paul's church and the fields of horses quietly grazing, the road to Madingley was quiet as, since the opening of the new A1307, more traffic takes The Avenue to leave Madingley. We were able to pootle along taking in the views across the fields and admire the lovely properties we passed on our way. Arriving in Madingley, we took a right turn past the Three Horseshoes and then a left, taking in the grandeur of the 16th century Madingley Hall as we passed it. This road, now one-way to motors, offers glorious views over to Cambridge and the American Cemetery. Turning left, Madingley Road, Cambridge is always busy with traffic, so riding alongside it is not as pleasant as I would like. However, we soon crossed over (carefully) and turned down J.J. Thompson Avenue on the University of Cambridge, West Cambridge site, and cycled to the Wes Hub. The Hub is closed at the weekends, but I had heard about a new outdoor public artwork called Third Nature. To quote the Contemporary Art Society "A living artwork, Third Nature, consists of 15 native and non-native mature trees planted in a grid pattern typically associated with plug-ins for the creation of natural elements such as trees, plants and rocks in virtual softwares." The reality is a rather lovely, newly landscaped area with squares of manicured lawn, each with a centrally planted tree. Beneath the trees are dotted bright orange deckchairs creating a tempting spot for rest and contemplation. We had the place to ourselves and enjoyed our time there very much.



Back across Madingley Road is the new(ish) University town of Eddington. Having seen the development grow and mature, we have come to enjoy cycling through the streets on

wide cycleways.The town is always buzzing with activity and there are good quality shops, bars and restaurants to stop for rest and refreshment.We discovered a Barber, cafe/bar combo called Douce which served a fresh, zingy lager. We drank our beers in the surprisingly lush garden of the adjacent Turing Locke hotel.

Heading home we rode via Huntingdon Road. There is a cycle path alongside, but again not my preferred route. Just past Girton College on the same side as the college, there is a small footpath which leads to a footbridge over the A14. From here the route swings into a quiet road built for access to the farms. Running parallel with the A14, this in turn leads back to Oakington Road. Then onwards alongside the A1307 towards the splendid footbridge over the A14 to Bar Hill. The dried seed heads of the Cow Parsley and Thistle that lined the path were still putting on a wonderful autumnal show giving us an uplifting finale to our ride.

By Bridget Wilson

NEW ART CLASS
With Teresa Gabriel

Explore Drawing, Acrylic Painting, Watercolour Painting & Mixed Media.
All abilities welcome

BARHILL VILLAGE HALL
The Spinney, Barhill, Cambridge CB23 8SU

THURSDAYS
From 10am-12pm - STARTS 19/9/24

With FREE Taster session on 12/9/24

TO BOOK A PLACE OR FOR MORE INFORMATION CONTACT:

TERESA GABRIEL
teresa.gabriel.4@gmail.com
07814 289885

JASON KIRBY
Professional Painting & Decorating Ltd

All Aspects of Internal & External Decorating

Period, Residential & Commercial Properties.

Wallpaper & Mural Install

Kitchen Cabinet & Furniture Re-Sprays.

Floor Sanding & Restoration.

City & Guilds, NVQ Qualified.

Service, Quality & Reliability.

CELEBRATING 25 YEARS

01954 211775
www.jasonkirbyltd.co.uk

Over Memory Café

inviting all people living with memory loss, their families and carers, to join us for Music, Refreshments and Fun.

Saturday, November 23
Saturday, December 28
Saturday, January 25

from 10 am to 12 noon

at The Over Day Centre, 1 Drings Close, Over CB24 5N
wheelchair accessible, free parking available

please visit https://www.facebook.com/OverMemoryCafe/

Saturday, November 9
Saturday, December 14
Saturday, January 11

Willingham Memory Box Café

Invites people living with memory loss (from any cause) and their carers to join us for Music, Company, Chat, Refreshments and Fun

from 10 am to 12 noon

In The Octagon
(behind Willingham Parish Church, with wheelchair access and no steps)

or vist our facebook page www.facebook.com/WillinghamMemoryBoxCafe/

DRAKE

Heating and Plumbing

Boiler Installations
Bathroom Installations
Underfloor Heating Installations
Central Heating Installations
Boiler Servicing
Gas Safety Checks / Landlords
Boiler Breakdown
Emergency Call-outs

Mobile: **07496 503 770**
Office: **01954 781 478**
drakehandp@icloud.com

Find us on Facebook.com/drakehandp

GAS safe™ REGISTER

Swavesey RADSOC Presents

The Wind in the Willows ... the Pantomime!

A new family pantomime by Matt Isham

January 2025

Swavesey Village College

For info and tickets visit

www.swaveseyradsoc.org.uk

Andrina B

the footcare specialist

Providing expert treatment in all aspects of foot healthcare in the comfort of your own home

Nail Cut • Callus • Athlete's Foot
Hard Skin • Corn Removal
Fungal Infections • Plantar Faciitis
In-Growing Toe Nail • Orthotics
Leg and Foot Massage

To book your appointment call Andrina on

07966 571 686

or email: andrinab@foot-care.co.uk

www.foot-care.co.uk

Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT
Register for Foot Health Practitioners Member

Bar Hill Spice

(Feeding Happy)

Your local Indian Takeaway.

Order on **01954 781007** or **01954 781777**.

Free delivery to Bar Hill.

Order online on www.barhillspice.co.uk to claim £5 off on your first order. We reward you for your every order when you join Bar Hill spice loyalty scheme.

Peasgood & Skeates

THE FAMILY FUNERAL SERVICE

Personal care and attention
24 hours a day by local, qualified staff

617 Newmarket Road
CAMBRIDGE
01223 415255

164 Histon Road
CAMBRIDGE
01223 791060

Also in Duxford, Sawston, Saffron Walden and Haverhill

www.peasgoodandskeates.co.uk

RedLocks Locksmiths

Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047
t 01954 202818
m 07784 240 970
w www.redlocks.co.uk
e info@redlocks.co.uk

GB BUILDERS

NO JOB TOO SMALL

FOR ALL MAINTENANCE
RENOVATIONS AND DIY WORK

All general building repairs & odd jobs

Specialist in Painting & Decorating

Groundwork & Grass cutting

- Driveways, Paths, Patios
- Brickwork & Plastering
- Block paving
- Concreting
- Slabbing
- Fencing
- Plumbing
- Tiling
- Roofing
- Drainage
- Guttering
- Carpentry

Call today
07877 742 420 or
01487 479253
g.bbuilders@yahoo.co.uk

BAR HILL LIBRARY - November 2024

Regular Events

- Stay & Play (for very young children) - every Monday in term time. 10-11am
- Rhymetime (singing for babies and toddlers) - every Tuesday. 2.30-3pm
- Lego Club - on the 2nd Wednesday of each month (in term time). 3.30-4.45pm
- Story Time - (for age 4-7) on the 4th Wednesday of each month. 3.15-3.45pm
- Family History drop-in session - on the 3rd Monday of each month. 2-4.30pm

Tote Bag Craft - Sat 23rd Nov 10.30am - 12.00pm

There are limited spaces for this easy craft event in the library. We will be using everyday objects to print your own design onto a tote bag to make a beautiful gift.

For more details and to book, please ask in the library or contact

barhill.referral@cambridgeshire.gov.uk

December events

There will be a number of craft events at the library during December. Keep an eye out for our posters or ask in the library for more information.

BLUE HOUSE Computer Help

SPEED UP, FIX UP, OR UPGRADE YOUR COMPUTERS

WE CAN HELP YOU WITH COMPUTER RELATED PROBLEMS AROUND YOUR HOME OR HOME OFFICE

HOW WE CAN HELP

- Fixing Windows Startup Problems
- More Space on your Computer
- Faster Computer Speeds
- Transfer Apps & Files to New Computers
- Setting Up & Repairing Networks
- Fixing Wi-Fi Dead Spots
- Sync all your Devices around the Home
- Virus & Malware Clean Up
- General Maintenance
- Optimisation & Upgrade Services

WHY PEOPLE LOVE WORKING WITH US

We are meticulous, friendly and tidy up after our work

•

You are safe with our **100 day guarantee**

•

You are **protected** by our professional indemnity and public liability cover

•

We can work either **in your home or remotely**

•

We can loan you a laptop while we work on your computer

BOOST YOUR SPEED!

We can make your computers work even better and faster than when they were brand new!

TO GET HELP NOW, CALL MICHAEL ON

01223 85 30 20

hello@bluehouse.help · www.bluehouse.help

We get 5 star reviews on ★★★★★ Google

Blue House Computer Help, Cambridge Road, Oakington

DON'T NEED HELP AT THE MOMENT? SAVE ME FOR LATER, JUST IN CASE!

BAR HILL CHRISTMAS TREE

Bar Hill Community Association are actively seeking sponsorship and funds to enable us to erect the Christmas Tree and Lights in the village. As part of our fund raising, we are offering the villagers the chance to share in the festive period by purchasing one of our personalised Christmas Gifts

PERSONALISED STARS to hang on your tree

Each one personalised with a name of your choice, these are available at a cost of £4 for one, with discounts available for multiple orders

PERSONALISED "ROAD SIGN"

At a cost of just £75, why not purchase your very own personalised road sign for you to erect at your home/garden

For more details and/or an order form, e-mail barryd@barhill-ca.org, or message me at 0789 00 00 134

Bar Hill

Community Choir Christmas Carols

Please join us for a Christmas Carol sing-along with performances from the Bar Hill Community Choir
Bar Hill Church Octagon Room
Thursday 19th of December 7:45pm-9:15pm

To find out more, email:
cambridgemusicforwellbeing@gmail.com

No tickets required, but donations are welcome!

Join us for mince pies afterwards!

R. A. Miller Plumbing and Domestic Heating

Fenside, 71 Willingham Road,
Over
Cambridge CB24 5PE

GAS safe 234391

All plumbing work undertaken

- New boiler replacement and installation with free quotation
- GAS boiler and GAS fire servicing - Landlord Certificates.
- Heating problems - Diagnosis and rectification.
- General plumbing - taps, washers, pipe work, showers, etc.
- Full and partial Bathroom installation work

For a reliable and professional local service

Robert Miller

Office **01954 203277**, Mobile **07831 853885**
robert.miller@ntlworld.com

Bar Hill wrapped up a successful season with the presentation night, honouring those on and off the pitch who have kept the club moving forward.

Some of the awards are based on statistical performance, including Batter of the Year, which went to Jim Neal, scoring 332 runs at an average of 47.29 per innings.

The Bowler of the Year award was won by Febin Jamal, who took 15 wickets at an average of 9.4 runs conceded per wicket taken.

At the other end of the scale, the Duckman award (not much explanation needed for that one!) went to Phil Orvis.

The other awards are voted for either by the committee or by the whole membership.

The committee awards were:

Outstanding Performance - won by Febin for taking 3 wickets for just 9 runs and scoring 76 not out with the bat in the same match against Comberton.

Most Improved - won by Paul Stimpson, 20 years after first winning the same award!

Voted for by the whole club, the Player of the Year award went to Jim Neal, while the Marie Styles Shield for Clubperson of the Year was won by our Chairman, Ash Curry.

A few 'fun' awards were also given out:

Champagne moment was shared by Lijin Jolly and Paul Stimpson, having put on a stand of more than 100 against Cambridge St Giles III. Paul also won the Panda Shandy moment for ending the partnership with a comedy run-out.

Treasurer Karen Curry, Scorer Jenni Stimpson and groundsman John Cowan also received tokens of thanks for all the time they had given to the club this year.

And so, having also put the pitch to bed for the winter (thanks to all those who helped), we go into the closed season to recharge the batteries for next summer.

Keep an eye out for a possible quiz night before next season, and for potential indoor nets in the new year.

You can still get in touch via **info@barhillcricket.org.uk** or on the number below, or follow all the latest in the Bar Hill News and on our website at **barhillcricket.org.uk** or on our Facebook page.

Paul Stimpson

07870 168121 | **info@barhillcricket.org.uk**

UniPlumb

We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com
Alternatively visit our office at
117 Highfields Road, Highfields,
Caldecote, Cambridge CB23 7NX

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work, including power flushing

Acorn Avenue, Bar Hill, Cambs, CB23 8DT

24 hour service...No call out charges!

23354 026851

Est. 1989

HINCHLIFFE BUILDING SERVICES

Craig Hinchliffe

07944 609868

Bar Hill Resident over 30years

Local, Honest & Reliable

Free Quotes

Extensions & Conversions

Kitchens & Bathrooms

Driveways & Patios

Windows & Doors

Floor & Wall Tiling

Painting & Decorating

hinchliffebuildingservices@gmail.com

GEORGE

D.I.Y. MAN

Small Electrical Jobs

Decorating

Woodwork

OAP Discounts

Lifetime of Experience

No Job Too Small

07544 871650

george1813@outlook.com

Paying too much for your glasses?

Save Money - Buy Direct!

Visit our factory shop to see our fabulous range of Discount Prescription Eyewear

- Hundreds of frames to choose from, including designer frames from Ray-Ban, Polo Ralph Lauren, Oakley, PRADA, Ted Baker and Versace
- Specialists in high and complex prescriptions
- Same-day or next-day service available*
- Save up to 75%
- Huge range of designer sunglasses
- Full range of sports eyewear

Official stockists

*subject to prescription and availability

Ray-Ban GENUINE SINCE 1937 · POLO RALPH LAUREN · OAKLEY · PRADA EYEWEAR · TED BAKER LONDON · VERSACE

We are open 9am to 5pm Monday to Friday, and 9am to 1pm Saturday

ALL EYES
SPECTACLE MAKERS
SINCE 1987

Call us
01954 231545

Visit our website
www.all-eyes.co.uk

20 Norman Way Industrial Park, Over, Cambridge CB24 5QE

OVER DAY CENTRE

NEW SATURDAY LUNCH CLUB

Welcoming all residents of Over & surrounding villages to join us for lunch at the Day Centre, fourth Saturday of each month, service starting at 12:30 following the Memory Café, our next lunch on Saturday, November 25

£10.00 per person, main course & dessert, includes teas & coffee

all food is freshly prepared & we're happy to cater for any dietary requirements

menu for lunches are available one month before, from our website or at the Memory Café

places must be pre booked, online www.overdaycentre.co.uk/whats-on/saturday-lunch-club/ or email: saturdaylunchclub@overdaycentre.co.uk, or telephone 01954 231807

The Over Day Centre, 1 Drings Close, Over, Cambridgeshire CB24 5NZ, Charity No 1196202

FRIENDS OF THE ROSIE

We raise money to help make the Rosie a more comfortable environment for mothers and babies. We sell all sorts of gifts online suitable for holiday crafting activities.

Alternatively come and shop in person at:

Bar Hill Community Market

Sat. 2nd November 10.30am to 2pm

Northstowe Community Market

Sun. 3rd November 10am to 2pm

Waterbeach Community Market

Sun. 15th December 10am to 2pm

New members are always welcome! You can contribute financially, join our team of knitters, join our committee, provide transport for our volunteers, or display a small selection of our wares. See our website for more volunteering opportunities.

We hope you are all looking forward to the autumn and winter festive seasons.

Thank you all again for your continued support

You can purchase online from our shop;

rosieinstitches.org.uk/wordpress/shop

You can also donate, just by shopping online in your usual stores, via Easy Fundraising. You can sign up to support us here;

easyfundraising.org.uk/causes/forh/

Bar Hill Preschool CIO

Registered Charity No. 1209296

http://www.barhillpreschool.co.uk

November is an exciting month, at the Preschool, as we officially close the existing charity and re-open as a Charity Incorporated Organisation. It is something that the committee team have been working towards for a while. We have a slight change to our name and will now trade as Bar Hill Preschool CIO.

In October the children have been busy with Autumn activities including exploring the changing colours of the leaves and using these in our art work. We have had lots of fun collecting conkers, counting them, making patterns with them and using them in our literacy. Of course not forgetting using the conkers and leaves in our mud kitchen play.

We have been learning about 'our feelings' linking our feelings to the colours in the colour monster book.. We have also made some expressive robots and other models using our junk modelling resources.

We offer places to children the term after they are two years old. We accept 2,3,4 year old funding and also are part of the national savings childcare scheme. See our website www.barhillpreschool.co.uk for more details or call **01954 782892** for an application form.

Buttercups CHILDCARE LTD

Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

ALAN'S CARPETS

Carpets and Vinyl Supplied and Fitted

We have been in the carpet trade for 50 years!

Free Quotes

Home sample selection service available or visit our showroom located in Swavesey

Express delivery & fitting

Phone

07790 681317
01954 232298

A Barrett & Son Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection
Domestic, Industrial and Commercial

Bar Hill Resident for over 40 Years

- New Build Installations • Security Lighting
- Rewires • Zappi Car Chargers
- Extensions • Testing / Inspections
- Smoke Detectors • Data Wiring
- Lighting • Consumer Units
- Power • Heating/Showers

A Barrett & Son Electrical
7 Oatlands Avenue, Bar Hill, Cambridge, CB23 8EQ, United Kingdom
Mobile: **07735615871**
Email – barretts11@msn.com
NICEIC Reg No : EPP32673
Vat Reg No. 258 9429 52

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- **FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION**
- **ALL ASPECTS OF FLOOR/WALL TILING**
- **SUPPLY & FIT OR LABOUR ONLY**
- **LAMINATE WOOD FLOORING**
- **FREE QUOTATIONS AND ADVICE**
- **QUALITY WORK GUARANTEED**

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

C&C BLINDS

SPECIALISTS IN BLINDS ANY SIZE AMD COLOUR

VERTICAL BLINDS
WOODEN VENETIAN BLINDS
ROLLER BLINDS
ROMAN BLINDS
VENETIAN BLINDS

REPAIRS

FREE ESTIMATES
Tel: 01223 211171 — Mobile: 07761 262070

Crazy Dog Lady

Pet Services

Services include:

Dog Walking
1-2-1 Training
Pet pop-ins
Dog Sitting (some restrictions apply)

Friendly, reliable, fully insured with a secure van. DBS checked.

For prices and details visit
www.crazydogladyservices.co.uk or call 07913 690021

Bar Hill Childminders

Bar Hill Childminders are all graded 'Good' on their latest inspections, are fully insured and have Paediatric First Aid training. We offer quality, caring, home from home care with a wide range of exciting experiences for the children, both within our settings and the local community.

We regularly go on walks, outings and attend local groups to help the children socialise. We find having a wide range of ages benefits all the children in our care, it helps the younger children's confidence and encourages the older children to be patient and understanding with the younger children, helping them learn and progress.

We accept all Government funding for eligible parents and the Government Tax Free Childcare payments.

As we are busy during the day with the children, please text us your enquiry with details of your requirements and we will contact you as soon as possible with our up to date availability and hourly rates.

Jacky – 07718447998 – ages 6 months upwards. Term time only and all year round care offered. Wednesday term time only available.

Kirsten – 07906218070 – ages 6 months upwards. Term time only and all year round care offered. No spaces available.

We have been very lucky to have a very generous donation of soft play pieces from Fenstanton Playbarn to use at our Childminding group and also at PlayPals, as you can see the children love playing on them!We have been extending our socialising in the community by walking up to Dry Drayton for their coffee morning, its a lovely friendly group with delicious cakes! we've also been visiting other local children's groups. At our group we used the conkers we had collected to roll through paint to make beautiful patterns on squirrel pictures. We also cut out some autumn leaf shapes and painted them to make a start on our autumn collage. We will be adding crafts to represent the Diwali festival of lights and fireworks exploding in the sky for Bonfire night and some poppies for Remembrance Day.

We have been encouraging self-care and becoming more independent with putting our coats and shoes on ourselves as we get the children ready for starting school. We've also been talking about why it's important to clean our teeth and practising cleaning them.

We're looking head to Christmas crafts and the New Year.

THE FOX

GLADESIDE, BAR HILL, CAMBRIDGE, CB23 8DY.
01954 780305 | fox.cambridge@blackrosepubs.com

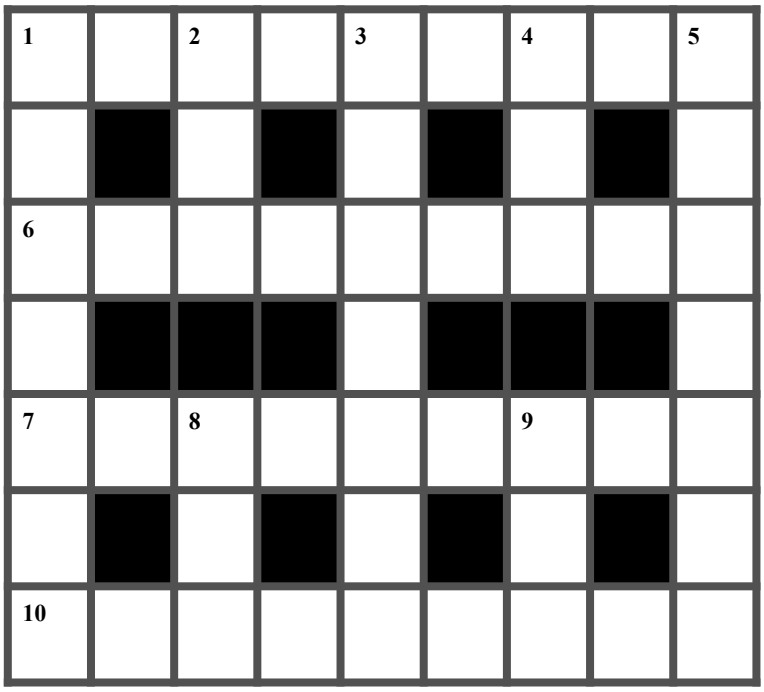
A Venue for Celebrations of Life, Wakes, Birthday Parties and all Other Celebrations

Depending on your needs, we can reserve part or all of our restaurant, including our pool table area. Our garden is fully enclosed and has a sheltered seating area with benches and parasols in the grassed area. Our large car park is all weather hard standing.

Our chefs can prepare a finger buffet of hot and cold food, which would be tailored to your needs; we can also offer gluten-free, vegetarian, and vegan options and other dietary requirements.

The bar has a wide selection of wines, spirits and soft drinks. We have draught lager, cider, real ale and Guinness. We also serve a range of hot drinks.

For more information and to check availability, don't hesitate to get in touch with us



PUZZLE for NOVEMBER 2024

Across- 1. Disapproval 6.furthest point 7. One from Belfast 10. Economic decline.

Down—1. A game piece 2.hazel eg 3. Worthless 4. French for here 5. A South American 8. Dry (of wines) 9. I in French

Olive, the Rangers bear, wears her international necker in front of the Sangam World Centre sign.

Girlguiding

Bar Hill and Northstowe District

In August, a group of four leaders and fifteen girls from Cambridgeshire East Girlguiding went to India on an international trip. One of the leaders came from Swavesey and two girls attended Bar Hill Guides until recently and now go to Swavesey Rangers. Here is the story of their adventure of a lifetime!

We landed in Mumbai and had a whistle-stop tour of the city before being driven to Sangam in Pune. Sangam is a Girlguiding World Centre (there are five in total across the world - in the UK, Switzerland, Ghana, Mexico, and India) and we spent a week participating in a leadership development course. This included spending two days at one of the Community Partners, working with children at a local school, for example. There was still time to have chai every afternoon, as well as visiting markets and swimming in the Sangam pool. Once we said goodbye to Sangam, we flew to Delhi. After a morning of sightseeing, we travelled by coach to Agra to visit the Red Fort and saw the Taj Mahal at sunset. We were up early the next morning to see the Taj Mahal at sunrise, then travelling onto Jaipur. We spent two nights here, visiting the Amber Fort and Palace, as well as doing some shopping. Finally, we made our way back to Delhi and flew home, exhausted but filled with amazing memories (and plenty of garlic naan!). Personally, I've wanted to go to Sangam since I was about 7 years old, so this was truly a dream come true - plus Sangam was just as beautiful as I thought it would be! It was such a privilege to go to India, and to watch the girls gain confidence and skills over the trip. The food was also definitely a highlight!" *Lara*

-

"I enjoyed the community work with the children, we had fun making paper aeroplanes and having a "fly off". We did action songs as well as some games and they really enjoyed the leg game where they got to practise counting to five. During this time I learnt to count to 10 in Hindi.
It was interesting meeting the different groups at the centre and having the opportunity to do badge swaps. We were measured for saris in a colour of our choice and once they had been made, which was only a day or so, we then practised putting them on and once dressed we even danced in them on the Indian-themed evening.
The week of sightseeing was a lot of travelling but worth it to see the Taj Mahal." *Evie*

"'Going to India was definitely one of the best experiences of my life! Seeing their way of life and interacting with people and indulging in so many new experiences was so incredible. Seeing India for the first time through the plane window is something I will never forget.
Staying in Sangam for the 1st week let us make some amazing friendships and meet incredible people such as the local Girlguides, school children and even people who invited us into their lives and homes. I was so sad when we had to leave.
The 2nd week was so packed, like waking up at 5am to see the Taj Mahal, as well as riding Tuktuk to airports and around beautiful and bustling markets. I am honestly so thankful for everyone's hard work and support to get us all to India and we had some incredible leaders guiding us through everything. I am so grateful to have been able to experience this once-in-a-lifetime opportunity and experience, and these memories and people will remain with me forever." *Maja*

Does this sound like something your daughter would enjoy? Why not come along for a taster visit?

For more information email barhillguiding@icloud.com or go to the girlguiding website https://www.girlguiding.org.uk/information-for-parents/register-a-child/

IAN SOLLOM MP NEWSLETTER

September was a strange and busy month for MPs, with a brief return to Westminster before another break for party conferences.

The return to Westminster was dominated by the government's decision to restrict the Winter Fuel Payment to only those in receipt of Pension Credit - a decision I voted against. While there is potentially a case for means testing the payment, the pension credit mechanism chosen by the government is poor and will result in hardship for those on and around the boundary.

A House of Lords committee looking at the decision concluded that "the policy seems to be being introduced at a pace that does not permit appropriate scrutiny" and that they were "unconvinced by the reasons given for the urgency". I have spent the past months listening to my constituents' many concerns regarding this, and I sincerely hope the government takes a better approach to their decision making around the upcoming budget.

Following the Lib Dem party conference I was asked by Ed Davey to take the role of Lib Dem spokesperson on Universities and Skills - which I was delighted to do. There are significant challenges for higher education and the provision of skills and training both locally and across the UK.

My primary focus, however, will always be on our constituency. I have been meeting with various local leaders and services -- including the Police and Crime Commissioner, Cambridgeshire Fire and Rescue Services, local transport providers, schools and parish councils – to understand the issues they are facing, as well as press for the improvements constituents want to see from them. In Bar Hill in particular, I am following up on the recent public meeting about the Maple Surgery to see what improvements to the surgery can be made.

Finally, I'm thrilled to say that both my parliamentary and constituency offices are now up and running and ready to help you. Please don't hesitate to contact the addresses below with your comments and concerns.

If you would like to contact me, please email **ian.sollom.mp@parliament.uk**, visit my website **www.iansollom.org**, or alternatively you can follow me on X: @IanSollom, Facebook **www.facebook.com/IanFSollom** or Instagram **www.instagram.com/iansollom**

Maggie's Carol Concert

We're delighted to announce that our annual carol concert will be taking place on Sunday 8 December at 4pm. Join us for a festive afternoon of carols and readings at the beautiful St John's College Chapel. This year we're joined by the Cantilena Singers who will take us on a journey through the mystery and wonder of the Christmas story.

MAGGIE'S

Please scan the QR code for tickets.

K & E PRO AESTHETICS LTD

HAIR, NAIL & BEAUTY SALON

All your hair, nail, beauty, massage & aesthetic treatments, available under one roof, at
The Farmhouse
Bar Hill
CB23 8DY

For hairdressing
please contact Liz on 07717 504285

For nails, beauty, massage and aesthetics,
please contact
Emily on 07711 237934
or
Kylie on 07983789331

or Call the salon on 01223 375011

K & S SERVICES

Tel: 01954200869
Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling, Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED

Bar Hill Community Market

Saturday 2nd November

10.30am – 2pm

In the Octagon CB23 8EH

Entry is Free

All profits go to Community/Charity projects

Refreshments with Soups. Cakes and homemade crafts.

If you wish to be part of the market, please contact Karen Austen 07913923349

Email – bar.hill.community.market@gmail.com

Facebook - Bar Hill Community Market

CONSTANT GENERAL HOME SERVICES

PAINTING & DECORATING

HOME IMPROVEMENTS

driver_costi@yahoo.com
Phone: 07479 363 536

Come and join Onyx and his friends at our popular....

Norman's Dog Day Care

PUPPY SOCIALISATION & TRAINING SESSIONS

Sessions run twice daily Monday to Friday

AM session: 8am to 12 noon*

PM session: 12:30pm to 4:30pm*

£20 per session (up to 6 months)

The course is designed and run by Tamsin-Jane Sewell a degree qualified Canine Psychologist, leading local dog behaviorist and highly acclaimed trainer. Here your puppy will be scientifically introduced to many other breeds of dog where he/she will learn to socialize properly, giving your new fur baby the very best start in life. Our aim is to help you develop a well rounded and contented dog from puppy through to senior citizen.

During each session an element of training is introduced, tailored to your dogs identified developmental needs, with a short video uploaded to a dedicated and exclusive 'members only' training area on our Facebook page. This will contain a demonstration of each task/developmental aspect with useful 'how to' tips to help you continue the training in your own home. Come and join us in our clean, safe and popular Day Care Facility in the village of Over just outside Cambridge.

* some flexibility over pick up/drop off times

Well over 300 puppies successfully trained since the first easing of lockdown.

NORMAN'S

★★★★★ RATED FACILITY

Book your space now on 07764 959238 or TJ@normansdogdaycare.co.uk

Cambridge Half Marathon Sunday 9 March 2025

General entries have now sold out, but you can still take part in this iconic run through the beautiful city of Cambridge for Maggie's.

MAGGIE'S

There'll be huge crowds, an incredible atmosphere, as well as a bag, medal and T-shirt for all finishers. Scan the QR code to sign up to Team Maggie's to take part in this unforgettable event.

Charity Afternoon Tea

in Aid of Children in Need 2024

Bar Hill Sports and Social Club
Friday 15th November
2pm onwards

Tea, coffee, cakes, raffle and 50:50 Irish Bingo

Any donations for raffle or cakes (on the day) greatly appreciated!

Anne Plumb
01954 780364 | anne@rwp10.plus.com